

2013 Region 19 Track and Field Schedule

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Event</u>	<u>Place</u>
March 18	Monday		Team Rosters & Fees Due	
March 24	Sunday	1:00 PM	St. Ephrem , Assumption, St. Katherine, St. Michael, Holy Family, St. Charles & St. Thomas	Bensalem HS
March 24	Sunday	1:00 PM	Holy Trinity , Our Lady of Grace & St. Andrew	Neshaminy HS
March 24	Sunday	1:00 PM	St. Ignatius , St. Bede, St. Mark, St. Ann & St. John	Council Rock South
March 28-31	Thursday - Sunday		BLACK OUT DAYS NO PRACTICE	
March 31	Sunday		Easter	
April 7	Sunday	1:00 PM	St. Ephrem , Assumption, St. Katherine, St. Ignatius & Holy Trinity	Bensalem HS
April 7	Sunday	1:00 PM	St. Michael , Our Lady of Grace, St. Mark, St. Ann, Holy Family & St. John	Neshaminy HS
April 7	Sunday	1:00 PM	St. Bede , St. Andrew, St. Charles & St. Thomas	Council Rock South
April 14	Sunday	1:00 PM	St. Ephrem , Assumption & St. Andrew	Bensalem HS
April 14	Sunday	1:00 PM	Our Lady of Grace , St. Ignatius, St. Katherine, Holy Trinity & St. John	Neshaminy HS
April 14	Sunday	1:00 PM	St. Charles , St. Thomas, St. Michael, St. Mark, St. Ann, Holy Family & St. Bede	Council Rock South
April 14	Monday		Team Rosters Frozen Addendum Rosters & Fees Due	
April 15	Monday		Penn Relay Rosters Deadline	
April 21	Sunday	1:00 PM	St. Ephrem , Assumption, St. Ignatius, St. Mark, St. Ann & St. John	Bensalem HS
April 21	Sunday	1:00 PM	Holy Family , Our Lady of Grace, St. Bede, St. Michael & St. Katherine	Neshaminy HS
April 21	Sunday	1:00 PM	Holy Trinity , St. Andrew, St. Charles & St. Thomas	Council Rock South
April 23	Tuesday	6:00 PM	Penn Relay Trials	Franklin Field
April 26	Friday	8:00 AM	Penn Relay Finals	Franklin Field
April 28	Sunday	1:00 PM	St. Ephrem , Assumption, St. Katherine, St. Michael, Holy Trinity, St. Mark & St. Ann	Bensalem HS
April 28	Sunday	1:00 PM	Our Lady of Grace , St. Ignatius, Holy Family, St. Charles & St. Thomas	Neshaminy HS
April 28	Sunday	1:00 PM	St. Andrew , St. Bede & St. John	Council Rock South
April 29	Monday		Region 19 Meet Rosters Due	
May 5	Sunday	1:00 PM	Region 19 Meet	Bensalem H. S.
May 7	Monday		Karen Assal	
May 8	Wednesday	6:00 PM	Sub-Novice Boys Champs	Bensalem H. S.
May 9	Thursday		BLACK OUT DAY NO PRACTICE	Ascension Thursday
May 12	Sunday		Mother's Day	
May 14	Tuesday	6:00 PM	Sub-Novice Girls Champs	Bensalem H. S.
May 19	Sunday	Noon	Area "C" Meet	Bensalem H. S.
May 28	Monday		Memorial Day	
June 1	Saturday	9:00 AM	Archdiocese Meet	TBD